

# LHS-IBPA NEWS

Official Newsletter of the Lakewood High School IBPA

## IB COORDINATOR NOTES

Hello Everyone -

It is hard to believe we have finished another school year! It has been a great one and we have many things to celebrate!

We are excited to welcome our new IB Prep class of 2027. We had a great meeting on April 24th where they received their summer assignments and important information for the beginning of the 2023-24 school year.

Congratulations to all our IB/IB Prep students who earned Academic Honors. Our seniors had a lovely Academic Awards evening on April 27th, where students were acknowledged with departmental and scholarship recognition. Congratulations to all award recipients!

Once again, we successfully completed our AP/IB May testing session. Thank you to our LHS parents who helped proctor exams. We couldn't do it without you! An additional thank you to Bretton Utz from IBPA who coordinated the proctors.

We had a wonderful IB Banquet to celebrate the IB class of 2023! On May 18th more than 300 students and families gathered at the Marriott Denver West for a fun program celebrating this class! Thank you to our IBPA banquet committee: Amanda McCord and Liz Schreninger.

And, of course....LHS graduation on May 20th. It was fantastic to see our graduates get their high school Diplomas! Congratulations to all!

I also want to take a moment to thank our wonderful IBPA. Thank you to the board and all parents who participated in our General meetings and on parent panels. Your support of our program and the entire LHS student body and faculty is truly appreciated. We can't thank you enough for another successful year.

Important to know for our current students and families: Please make sure to check the IB webpage and/or the LHS webpage for summer assignments. IB rising seniors- good luck working on your Extended Essays this summer. Make sure to connect with your advisor over the summer and get that first rough draft in on time!

Finally, as many of you know, I am retiring this year. I have been so touched by the well wishes from so many of you. I feel very blessed to have taught at LHS for the last 27 years and even more so to have had the privilege of being the coordinator for the IB program. It has been a great experience and I will miss so much of it! Thank you, thank you, thank you!

Best~  
Joellen Kramer



# Coming up!

## LHS-IBPA Board

Board Chair: Ann Koerner  
Secretary: Kim Hughes  
Treasurer: Carolyn Last  
Treasurer Oversight:  
Mettet Karpinski  
Fundraising Chair: Mike Tully

## Committee Chairs

Social and Special Events:  
Petra St. George/Michele Short  
(Chalk Festival)  
Short Term Fundraisers:  
Mike Tully  
Staff Appreciation/ Hospitality:  
Leonor Ortega-Till, Mettet Karpinski  
Library Program: Sheri Visani  
Membership: Michele Short  
Scholarship: Nancy Dempsey,  
Jen Matteson  
Exam Proctors Coordination:  
Bretton Utz  
Senior Banquet:  
Amanda McCord-Icaza,  
Liz Schneringer  
Marketing/Newsletter/ Website:  
Jessica Seybold

## Community Rewards

King Soopers: Amy Swanson  
RaiseRight: Tara Sawinski

## Class Advocates

2023: Mettet Karpinski,  
Petra St. George  
2024: Nancy Dempsey  
2025: Carol Fabbri  
2026: Liz Schneringer

Secretary: Joann Giusto  
Coordinator: Joellen Kramer

## FROM THE CHAIR

Dear IB and IB-Prep Families,

Congratulations to the Class of 2023 and we wish them all the best! And Congratulations to all of our students on their completion of another school year!



As I reflect on this past year, my 3 favorite highlights of this school year were:

### 1. HEARING OUR STUDENT PANELISTS SPEAK ABOUT THEIR IB EXPERIENCE.

They are inspiring. They are impressive. They are so funny. I love hearing their stories and listening to their perspective on IB, how they have grown or struggled, how the program has helped them, what best practices they share with their peers, and what CAS projects they completed for community service.

### 2. LEARNING ABOUT WHY YOU CHOSE LAKEWOOD IB FOR HIGH SCHOOL.

We have so many wonderful high school options in Jeffco. We wanted to understand why and how your student chose Lakewood IB. The top reasons most of you chose LHS-IB were for the academic rigor, family/friend recommendation, LHS overall reputation, college preparation, and having friends/motivated peers. Word of mouth was how almost all of you heard about the IB program (please tell your middle school family friends about our IB Info Nights on October 9 and 10!) Thank you to the many parents who took the time to share insightful feedback that will help us improve and showcase the benefits of the program.

### 3. CELEBRATING JOELLEN KRAMER AND ALL OUR IBPA VOLUNTEERS.

We have been so fortunate to have Joellen Kramer guiding this IB program and being a part of the Lakewood family for 27 years. She has made such a positive difference and inspired many students as an English teacher, newspaper advisor, mock trial advisor, and IB Coordinator. I admire her professionalism, love of students, and leadership. She will be greatly missed but we are in good hands with Ana Schultz. We celebrated Joellen and all of our IBPA volunteers in early May. I am grateful for the friendships and support in this talented group.

I hope you and your families have a wonderful summer and we look forward to reconnecting in the fall! Stay in touch with our Instagram and Facebook updates @LakewoodIBPA.

Ann Koerner  
LHS-IBPA Chair 2022-2023  
lakewoodibpa@gmail.com

# Lakewood IB Class of 2023

Congratulations to the graduating IB Class of 2023!!





# Lakewood IB Class of 2023

## Way to go! Here's where our 2023 IB grads are going!

Ainsley Alsabih, University of Colorado - Boulder  
Vanessa Antolakis, University of Colorado - Denver  
Sienna Arguelles-Orr, Northwestern University  
Luca Beckhouse, Seattle University  
Leighanne Bennett, Arizona State University  
John Blackburn, University of Colorado - Boulder  
Kaitlyn Brown, University of Colorado - Boulder  
Lucas Buchanan, Oregon State University  
Lily Campbell, Lewis & Clark College  
Dreu Charles, New York University  
Autumn Davis, University of Colorado - Boulder  
Sophia DiMaria, University of Colorado - Boulder  
Mason Douglas, University of Colorado - Denver  
Deaglan Duffy, University of Colorado - Denver  
Julia Edone, University of Colorado - Boulder  
Alexia Esquibel-Melanson, University of Colorado - Boulder  
Oliver Farley, University of Colorado - Boulder  
Navin Federico, University of California - Davis  
Kylie Fish, Ohio State University  
Katarina Garcia, Northeastern University  
Macy Gardner, Drake University  
Asher Gettings, Hamline University  
Matthew Gonder, Colorado State University  
Lily Grasso Rudawsky, Creighton University  
Oscar Hackstaff, University of Colorado - Boulder  
Elianna Harris, University of Colorado - Boulder  
Noah Harris, Point Loma Nazarene University  
Kaya Jane Holles, Hawaii Pacific University  
Ethan Hoover, Loyola Marymount University  
Megan Jaco, University College Roosevelt  
Allison Jacobs, The George Washington University  
Rhylee Jensen, University of Nebraska - Lincoln  
Montana Joy, University of Manchester  
Marissa Karpinski, Cornell University  
Angelique Kaupa, Whitworth University  
Benjamin Koller, Colorado School of Mines  
Brian Kong, Case Western Reserve University  
Lucas LaBruzzo, Colorado College  
Olivia Langie, Butler University

Madden Lee, University of Colorado - Boulder  
Natalie Marklund, Stony Brook University  
Spencer Maud, University of Colorado - Boulder  
Mira Metter, University of Colorado - Boulder  
Rowan Michaels, Colorado School of Mines  
Jade Morrison, University of Colorado - Boulder  
Ava Morton, University of California, Berkeley  
Freya Nagy, University of Colorado - Boulder  
Mark Nguyen, University of Colorado - Denver  
Catherine Nguyen, University of Colorado - Denver  
Daniel Nguyen, University of Colorado - Denver  
Liam Nobel Rudolph, Bocconi University  
Connor O'Brian, University of Northern Colorado  
Adiah O'Kane, Gap Year/Colorado State University  
Axel Ortiz Garcia, University of Colorado - Boulder  
Joseph Osgood, Colorado State University  
Mateo Piza, University of Colorado - Boulder  
Leela Powers, University of California, San Diego  
Alexandra Reese, Emory University  
Shaye Ridley, Northeastern University  
August Robertson, Gap Year/Rochester Institute of Tech.  
Isaiah Robles, Gap Year  
Samantha Sawinski, Auburn University  
Leigh Schmidt, George Washington University  
Savanna Scriptor, Davidson College  
Haily Spitzer, Gap Year  
Madigan St. George, University of Denver  
Henry Staser, Washington University in St. Louis  
Caroline Stoltenberg, University of Wisconsin - Madison  
Rachel Thomas, Colorado State University  
Ella Todd, University of Colorado - Boulder  
John Tran, University of Colorado - Boulder  
Ross Tully, Baylor University  
Alexei Uecker, University of Colorado - Boulder  
Madison Van Haveren, University of Colorado - Boulder  
Emelia Vasquez Andrade, University of Colorado - Boulder  
Annika Waples, Oberlin College  
Jamison Wettergren, Embry Riddle Aeronautical University  
Isobel Wiese, Pratt Institute  
Henry Zwartverwer, University of Vermont

# IB Class of 2023 Graduation Ceremony

## 2022 IB SENIOR BANQUET, HOSTED BY THE LHS - IBPA



Joellen Kramer passing the IB torch to Ana Schultz!



IB Coordinator tribute by Senior Freya Nagy



A wonderful night of celebrating our students!



Joellen Kramer presenting Honor Cords

# IB Class of 2023 Scholarship Winners



**THANK YOU** to all who so generously donated to the 2022 LHS-IBPA Scholarship fund!

The LHS-IBPA is pleased to present seven scholarships totaling \$10,000 to the following seniors: (from left to right) Allison Jacobs, Benjamin Koller, Ava Morton, Leela Powers, Joseph Osgood, Madigan St. George, Henry Staser, Isobel Wiese

## 2023 JIM FERNALD IB SCHOLARSHIP

Jim Fernald was born November 27, 1956 in Washington, DC, the only child of Art and Jean Fernald. They moved to Lakewood, Colorado in 1965. Mr. Fernald graduated from Lakewood High School in 1975. He received a math degree from Northwestern University in 1979 and a math education degree from the University of Minnesota 1982. He received a master's degree in Education at the University of Colorado at Denver in 1992. He taught math in Aurora Public Schools, mostly at Rangeview High School from 1982 - 2004. He finished his teaching career at his alma mater, Lakewood High School, teaching math and Theory of Knowledge from 2004 - 2014. After retirement, he still substituted at Lakewood High and attended many school events. His favorite job was helping to plan graduation activities. Mr. Fernald passed away in 2020. His generous support for Lakewood HS IB seniors continues through his endowment to the school under the stewardship of the LHS Foundation.



CONGRATULATIONS 2023 JIM FERNALD IB SCHOLARSHIP RECIPIENTS: (left to right) Ava Morton, Navin Federico, and Joseph Osgood. Not pictured: Ethan Hoover.

# Recent Events

[VIEW RECENT SESSIONS](#)

## Welcome to our incoming freshmen Class of 2027!



Freshmen orientation meeting



Class of 2027

## Thanks to our IBPA board!



May IBPA Meeting

# Recent Events

A huge THANK YOU to our amazing teachers!



Teacher Appreciation Lunch, May 2023







# LHS-IBPA Board

## Thank You 2022–23 LHS-IBPA Board and Committee Chairs!

Ann Koerner  
Kim Hughes  
Carolyn Last  
Mettet Karpinski  
Mike Tully  
Petra St. George  
Michele Short  
Leonor Ortega-Till  
Sheri Visani  
Nancy Dempsey  
Jen Matteson  
Bretton Utz  
Amanda McCord-Icaza  
Liz Schneringer  
Jessica Seybold  
Amy Swanson  
Tara Sawinski  
Carol Fabbri  
Joann Giusto  
Joellen Kramer



# It's always a Great Day to be an (IB) Tiger!

## Join the LHS-IBPA!

Now you can easily sign up for IBPA membership online! Simply go to our new [website](#), and use our secure online-payment system. You can also pay for your membership via Infinite Campus in your students fee account.

Our modest dues enable the LHS - IBPA to help Lakewood's renowned IB program in many significant ways. So if you're not already a member, please join today. The LHS - IBPA is a 501(c)3 organization - Tax ID Number 46-1450238.

Special Note to Families of Seniors: For your senior to be eligible to apply for a scholarship from the LHS - IBPA in the spring of graduation year, a parent or guardian must be a member by February 1st of that year.

Your \$20 IBPA membership goes a long way each year!  
Thanks for making a difference!



## IBPA Benefits

A benefit for LHS-IBPA Members Only! Did you know you can effortlessly earn contributions to defray your student's AP and IP test exams?

The LHS - IBPA is pleased to offer two programs for member to earn credit towards IB and AP testing fees while also supporting the organization. 10% of the overall donations from both programs will be allocated to the LHS-IBPA general fund and you must be a member of the LHS - IBPA to take advantage of this opportunity!

- Click [here](#) for information on Kings Soopers
- Click [here](#) for information for RaiseRight. Please use RaiseRight enrollment code E55D914764982.





# Resources

## Stay connected with LHS-IBPA on social media!

- Facebook Page: We have created a [Facebook page](#) that shares reminders and helpful information for upcoming IBPA meetings and events. Like us on Facebook @LakewoodIBPA
- Facebook Group: We also have a private [Facebook Group](#) if you're more comfortable asking questions or getting advice that is only seen by members in the group, your fellow IBPA parents, both new and experienced. Join the group here or search for Lakewood IBPA Parents.
- Instagram: [Our Instagram](#) @LakewoodIBPA account shares IBPA reminders and information, similar to our Facebook page.
- LinkedIn: Connect with the [Lakewood IBPA professional community](#) by following Lakewood High School IBPA and add Lakewood IB students, alumni, and families to your growing network. We look forward to connecting with you!

To strengthen support for IB and IB prep families, we have added resource links to the newsletter. We hope they will come in handy. If you have a link you would like to recommend, please submit it to [lakewoodibpa@gmail.com](mailto:lakewoodibpa@gmail.com).

## Mental Health

- [Robbie's Hope](#)
- [The Second Wind Fund](#)
- [Colorado Wellness Center for Girls](#)
- [Colorado Crisis Services](#)

## College Planning/Career Readiness

- [Going Merry](#)
- [IB Scholarships](#)
- [Lakewood High School Counseling](#)
- [Naviance: Student Success](#)
- [National Association for College Admission Counseling](#)

## Student Aid

- [Student Aid Assistance](#)

## International Baccalaureate Organization

- [Lakewood High School IB](#)
- [About the IB](#)

## Gifted and Talented

- [Jefferson County Gifted and Talented](#)
- [Terry Bradley, M.A. - Social and Emotional Needs of Gifted Children](#)

## Stress Management

- [Manage Stress through Mindfulness](#)