

**LHS - IBPA****LAKEWOOD HIGH SCHOOL****May 2022****CALENDAR**

**MAY 5**  
**Staff Appreciation**  
**LHS**

**MAY 17**  
**IB Senior Banquet**  
**5:30 - 8 pm**  
**LHS – Seniors**  
**Denver West Marriott**

**MAY 21**  
**Class of 2022**  
**Graduation**  
**2:00 pm**  
**LHS**

**MAY 27**  
**Last Day of School**

**AUGUST 16**  
**First Day of School**

**IB NEWS****IB COORDINATOR NOTES**

Hello Everyone - I know I say this every May, but I can't believe another school year has come and gone.

We have many things to celebrate as the 2021-22 school year winds down:

On April 25th, we met with our incoming 8th graders and families to give them their summer assignments and important information for the Fall. We look forward to welcoming a new class of LHS Tigers into our IB Prep program!

Congratulations to all our IB/IB Prep students who earned Academic Honors. 9th-11th graders celebrated their accomplishment after testing during their testing week in April. Our seniors had a lovely Academic Awards evening on April 27th, where students were acknowledged with departmental and scholarship recognition. Congratulations to all award recipients!

We successfully completed an AP/IB May testing session for the first time in 2 years. Thank you to our LHS parents who helped proctor exams. We couldn't do it without you! An additional thank you to Bretton Utz from IBPA who coordinated the proctors.

We had a wonderful in person banquet to celebrate the IB class of 2022! On May 17<sup>th</sup> more than 300 students and families gathered at the Marriot Denver West for a fun program celebrating this class! Thank you to our IBPA banquet committee: Dorrie Weinig, Diane Koziol and Jennifer Matteson.

And, of course....LHS graduation! Despite the challenges brought by the weather, it was fantastic to see our graduates get their Diplomas on Saturday, May 21 in their own LHS gym. Congratulations to all!

I also want to celebrate two wonderful LHS - IBPA members who are graduating with their seniors: Ann Fletcher, chair and Carolyn Last, treasurer (and previous secretary). These two women have been such an important part of the IBPA and so supportive of the program and our students for the last 4 years! We will miss you both! Thank you so much for everything you have done for LHS and IB!

Finally- to our current students and families:

Please make sure to check the IB webpage and/or the LHS webpage for summer assignments. IB rising seniors- good luck working on your Extended Essays this summer. Make sure to connect with your advisor over the summer and submit your first rough draft by August 1<sup>st</sup>.

The beginning of the 2022-23 school year will be here before you know it!

I hope you all have a wonderful, relaxing, and restful summer! As always, don't hesitate to reach out with any questions.

Best-

Joellen Kramer  
 IB Coordinator

[jmkramer@jeffco.k12.co.us](mailto:jmkramer@jeffco.k12.co.us)

## 2021-2022 LHS – IBPA

### Board

**Ann Fletcher**  
Chair

**Ann Koerner**  
Secretary

**Carolyn Last**  
Treasurer

### Committee Chairs

**Amy Swanson**  
LHS – IBPA Website  
King Soopers Program

**Tara Sawinski**  
RaiseRight Program

**Kim Hughes**  
**Lori Avery**  
Social Media

**Mike Tully**  
Short Term Fundraisers

**Sheri Visani**  
**Natasha Lamas**  
Library Program Coordinators

**Ann Fletcher**  
Newsletter

**Michele Short**  
Staff Appreciation

**Bretton Utz**  
Exam Proctor Coordinator

**Nancy Dempsey**  
LHS – IBPA Scholarship

**Dorrie Weinig**  
**Diane Koziol**  
**Jen Matteson**  
Senior Banquet

### Class Advocates

2022 **Jen Matteson**  
2023 **Petra St. George**  
2024 **Nancy Dempsey**  
2025 **Carol Fabbri**

**Joann Giusto**  
IB Secretary

**Joellen Kramer**  
IB Coordinator



## FROM THE CHAIR

Dear IB and IB-Prep Families,

I'd like to extend heartfelt appreciation for your support of the LHS – IBPA over this past year.

Congratulations to the Class of 2022! You did it!

A big welcome to the Class of 2026 students and families! You made the right choice with Lakewood High School, and we are so happy you are here.

Mr. Bock, Mrs. Kramer, Mrs. Giusto, and the entire LHS Staff - THANK YOU! Your teamwork, dedication, stamina, perseverance, brains, and overall excellence is awe-inspiring.

To the 2021-2022 LHS – IBPA board, committee chairs, and volunteers – THANK YOU! Your contribution of time and talent enabled the IBPA to continue key activities in support of the LHS community. Your engagement has made this, our 23<sup>rd</sup> year, successful. While we were thwarted in our plans for the Third Annual LHS Chalk Festival and the Chili Cookoff (hopefully, both next year) some highlights include:

- “Mental Health and Fitness for Teens and Parents”, featuring Culum Walsh
- General meetings on IB Best Practices, “IB – What to Expect, a Parent’s Perspective”, Extended Essays, Graduate Experiences, and the impact of IB on College Admission
- Online Bingo night and four Teacher Appreciation events
- Return of the After School Library Program and IB/AP Test Proctors
- Support for the LHS Film Festival and LHS Senate
- Angel Fund assistance with IB test exam fees
- Return to an all family in-person Senior Banquet and Art Exhibition
- Year over year financial stability
- Five scholarship awards totaling \$12,000 to deserving 2022 IB graduates
- 2022 LHS – IBPA survey
- LHS – IBPA Playbook, a compilation of supportive processes, notes, and recommendations on IBPA operations

My daughter is a member of the Class of 2022. I am so happy for her. At the same time, I am already thinking about how I, personally, will miss Lakewood High School and the LHS - IBPA. I am most grateful, first for the structure and support, but also for the opportunity to get to know everyone. Thank you so much!

This year’s transition back to a (mostly) in-person life has been tricky and tough. But it has been successful through the tenacious hard work, focus, and partnership between the incredible LHS faculty/staff and IB students and families.

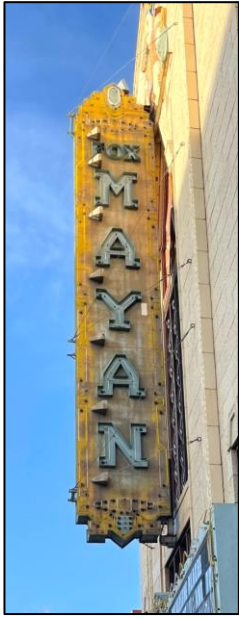
Thank you again and best wishes for the future.

It is always a great day to be an (IB) Tiger!

Ann Fletcher  
2021-2022 Chair  
LHS - IBPA  
[lakewoodibpa@gmail.com](mailto:lakewoodibpa@gmail.com)



## 2022 LHS FILM FESTIVAL



April 14 and 21, 2022 saw the return of the LHS Film Festival at the Mayan Theater! The last event was in 2019. In addition to the fine films created by LHS Film students, BINGO based on film festival facts was featured. The LHS – IBPA was happy to provide gift card prizes.

Congratulations to **Mr. Adam Ronscavage** and LHS Film students: **Talisa Lin, Alex Reese, Olivia Belcher, Mary Nguyen, Jade Morrison, Harriett Falconetti, Elliot Sheridan, Fenris Zimmer, Luca Pollara, Marco Bonanno, Javi Guajardo, William Bradford, Connor Hamilton, Cathy Zimmerman, Deaglan Duffy, John Blackburn, Charlotte Combe, Jamie Le, and Lili Poast Soler!**



Click the logo to watch the film festival →



## 2022 LHS – IBPA SURVEY RESULTS

Thank you to all who took part in the 2022 LHS – IBPA survey! Your feedback is important!

Click [here](#) for the full presentation.

LHS - IBPA		LAKEWOOD HIGH SCHOOL International Baccalaureate Parents Association	
<b>2022 Survey Summary</b>			
<p>15 respondents via web and social media post links, down from 77 respondents to the 2021 survey</p> <p>Greater preference for online vs. onsite general meetings</p> <p>Top three traditional general meeting topics of interest:</p> <ul style="list-style-type: none"> <li>- IB Impact on College Admissions</li> <li>- Extended Essay</li> <li>- IB Best Practices/IB Planning</li> </ul> <p>Requests for information:</p> <ul style="list-style-type: none"> <li>- IB program milestones/deliverables</li> <li>- IB curriculums and course pathways</li> <li>- Matching student strength to IB courses</li> <li>- Resources for planning</li> </ul> <p>Strong awareness of the King Soopers and ShopWithScrip community rewards programs</p>	<p>Student Support – Consistent interest in ways to support students in a post pandemic environment:</p> <ul style="list-style-type: none"> <li>- Study habits/tutoring</li> <li>- Preparing for college</li> <li>- Social opportunities/bonding/mentors</li> </ul> <p>Top three traditional social event areas of interest:</p> <ul style="list-style-type: none"> <li>- Chalk Festival</li> <li>- Chili Cookoff</li> <li>- Film Festival</li> </ul> <p>Continued interest in finding ways for students and families to connect with each other</p> <p>Continued interest in support for student and family mental health/stress management</p> <p>2022 LHS – IBPA overall support rating of 3.27 points on a five-point scale; overall ratings for the previous three years (2019 – 2021) have ranged from 3.25 to 3.56</p>		

LHS - IBPA is a 501(c)3 organization ---Tax ID Number: 46 -1450238



## STAFF APPRECIATION

In support of LHS Senate sponsored Teacher Appreciation Week, the LHS – IBPA provided box lunches to the LHS Faculty and Staff on Thursday, May 5, 2022. Words can't express our appreciation for you!

***THANK YOU FOR MAKING A DIFFERENCE!***





## 2022 IB SENIOR BANQUET, HOSTED BY THE LHS - IBPA

After a two-year absence, the IB Senior Banquet returned on Tuesday, May 17, 2022 to an in-person event for LHS staff and families!

LHS - IBPA chair **Ann Fletcher** opened with remarks and a quick IB trivia contest. Graduating seniors **Jenna Koerner** and **Noah Schuster** emceed the night. Tributes were made to all IB departments by IB graduates.

Special highlights included an **IB Grad** art exhibition, **Fenris Zimmer's** film, "The Therapist", and musical performances by **Tate Last**, **Lainey Graham**, **Henry Grotheer**, **Paige Machemer**, and **Sebastian Melancon**.

Five IBPA scholarships and two Jim Fernald IB scholarships were awarded to deserving IB graduates by LHS – IBPA Scholarship chair, Nancy Dempsey and LHS Mathematics teachers, Ana Schultz and Derrick Peterson.

LHS principal **Dan Bock** and IB coordinator **Joellen Kramer** shared their thoughts and aspirations for the Class of 2022 and awarded honor cords to each graduate. It was a momentous event.



***Congratulations LHS IB Class of 2022!***





**2022 LHS – IBPA SCHOLARSHIPS**

**THANK YOU** to all who so generously donated to the  
**2022 LHS – IBPA Scholarship fund!**

*The LHS – IBPA is pleased to present five scholarships totaling \$12,000 to the following 2022 IB seniors:*

**Fenris Zimmer Riley Sawinski Jenna Koerner**

**Anna Salmore Kayla Wong**



## 2022 JIM FERNALD IB SCHOLARSHIP

Jim Fernald was born November 27, 1956 in Washington, DC, the only child of Art and Jean Fernald. They moved to Lakewood, Colorado in 1965.

Mr. Fernald graduated from Lakewood High School in 1975. He received a math degree from Northwestern University in 1979 and a math education degree from the University of Minnesota 1982. He received a master's degree in Education at the University of Colorado at Denver in 1992.

He taught math in Aurora Public Schools, mostly at Rangeview High School from 1982 - 2004. He finished his teaching career at his alma mater, Lakewood High School, teaching math and Theory of Knowledge from 2004 - 2014. After retirement, he still substituted at Lakewood High and attended many school events. His favorite job was helping to plan graduation activities.

Mr. Fernald passed away in 2020. His support for Lakewood High School graduates continues through his bequeath and the generosity of the Lakewood Foundation.

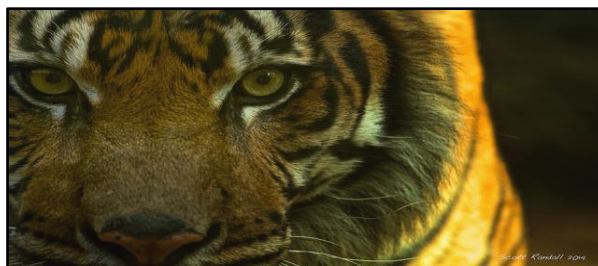
### *CONGRATULATIONS 2022 JIM FERNALD IB SCHOLARSHIP RECIPIENTS!*



***Olivia Gilchrist***



***Kara Post***



## *Well Done! Here's Where Our 2022 IB Grads Are Going!*

**Adam Abrahamson**- University of Colorado- Boulder  
**Spencer Aldrich**- Union College- NY  
**Remy Allen**- University of Colorado- Boulder  
**Kimya AmiriRad**- University of Denver  
**Tyler Archer**- Colorado State University  
**Audrey Avery**- University of Denver  
**Sarah Aye**- University of Colorado- Boulder  
**Olivia Belcher**- Montana State University  
**Mackenzie Bennett**- Bentley University  
**William Bradford**- Western Colorado University  
**Magdalena Bratic**- University of Colorado- Boulder  
**Elizabeth Bui**-TBD  
**Ellis Burke**- University of Colorado- Boulder  
**Paola Carrera Garcia**-TBD  
**Vianae Cazarez**- University of Colorado- Boulder  
**Mia Chaw**- University of Colorado- Boulder  
**Isabella Clark**- Lehigh University  
**Samuel Clement**- University of California- Berkeley  
**Charlotte Combe**- Colorado College  
**Jonah Cooper**- Lehigh University  
**Noa Cooper**- Case Western University  
**Maia Cullen**- University of Colorado- Boulder  
**Covadonga Diaz Ruiz**- Harvey Mudd College  
**Kutad Duzgun**- Rhode Island School of Design  
**Naomi Fanchi**- University of Colorado- Boulder  
**Casey Fletcher**- University of Colorado- Boulder  
**Emma Fry**- Miami University, Oxford Ohio  
**Abigail Garcia**- University of Colorado- Boulder  
**Olivia Gilchrist**- University of California- Los Angeles  
**Joren Good**- Florida State University  
**Lainey Graham**- Gap year-Univ of Washington, Fall 2023  
**Henry Grotheer**- University of Colorado- Boulder  
**Andres Javi Guajardo**- University of Nevada- Las Vegas  
**Connor Hamilton**- Western Colorado University  
**Haven Hill-Schmick**- Gap year  
**Avery Holdren**- University of Colorado- Boulder  
**Sayre Hushen**- University of Colorado- Boulder  
**Lei Ivan**- Western Carolina University  
**Vaishnavi Jaiswal**- Colorado School of Mines  
**Feyza Kahraman**- University of Colorado- Denver  
**Jenna Koerner**- University of California- Los Angeles  
**Maxwell Lange**- Colorado School of Mines  
**Tate Last**- Brigham Young University  
**Casey LeBlanc**- University of Colorado- Boulder  
**Audrey Lillie**- University of Oregon  
**Talisa Lin**- University of California- San Diego  
**Yiyang Grace Liu**- University of California- Los Angeles

**Paige Machemer**- University of Colorado- Boulder  
**Grace Matteson**- University of Denver  
**Ella McCray**- University of Northern Colorado  
**Sebastian Melancon**- University of Colorado- Boulder  
**Annika Miller**- University of Redlands  
**Jamilah Mollaian**- University of Colorado- Boulder  
**Miriam Montiel Munoz**- University of Colorado- Boulder  
**Grace Nguyen**- Colorado College  
**Mary Nguyen**- University of Colorado- Denver  
**Chau Nguyen**- University of Colorado - Denver  
**Darwin Ortiz Garcia**- University of Colorado- Boulder  
**Emerson Ostrander**- Rochester Institute of Technology  
**Shivam Pathak**- Colorado College  
**Sienna Phipps**- University of Colorado- Denver  
**Karah Post**- University of Michigan  
**Noah Pouliot**- Point Loma Nazarene University  
**Jade Preisser**- University of Colorado- Boulder  
**Eamon Prendeville**- Texas A & M  
**Charles Prokop**- US Military Academy at West Point  
**Samantha Ramirez**- University of Colorado- Denver  
**Amelia Reddinger**- University of Michigan  
**Finley Reichert**- University of Colorado- Boulder  
**Jordan Rein**- William and Mary  
**Meredith Roybal**- City College of New York  
**Chloe Saleh**- Colorado School of Mines  
**Anna Salmore**- Montana State University  
**Riley Sawinski**- University of Tennessee  
**Noah Schuster**- Ithaca College  
**Camila Self Pina**- University of Colorado- Boulder  
**Ryan Skluzak**- University of Colorado- Boulder  
**Caden Snow**- University of Colorado- Boulder  
**Jorge Soto Jr.**- University of Colorado- Boulder  
**Kate Stutzman**- Eastern Mennonite University  
**Karl Sugnet**- University of Portland  
**Mahpara Surommay**-TBD  
**Claire Sweeney**- University of Colorado- Boulder  
**Sean Tran**- University of Colorado- Denver  
**Joseph Tran**- Colorado School of Mines  
**Matthew True**- University of Redlands  
**Luke Vo**- Colorado School of Mines  
**Jack Wahl**- University of Nevada  
**Gabriella Walters**- University of Washington  
**Sage Weisrock**- Oberlin College and Conservatory  
**Spencer Wilcox**- George Washington University  
**Natalie Williams**- University of Colorado- Boulder  
**Kayla Wong**- Pratt Institute  
**Fenris Zimmer**- University of Southern California





## **Thank You 2021 – 2022 LHS – IBPA Board and Committee Chairs!**

*Ann Fletcher*

*Ann Koerner*

*Carolyn Long*

*Michele Short*

*Amy Swanson*

*Tara Sawinski*

*Kim Hughes*

*Lori Avery*

*Mike Tully*

*Sheri Visani*

*Natasha Lamas*

*Bretton Utz*

*Nancy Dempsey*

*Dorrie Weinig*

*Diane Koziol*

*Jennifer Matteson*

*Petra St George*

*Carol Fabbri*

## FAMILY RESOURCES

These days, the amount of school information coming home via email/text/phone can be overwhelming. Sometimes, as parents, you might wonder about what your student is doing in IB or IB Prep...and, maybe, you do not know who to ask, where to turn, or how to find an answer to your question.



A group of LHS - IBPA parents have created several ways to stay informed and expand the IBPA community on social media! We encourage you to take advantage of these **family resources** and expertise to help support your students and the IBPA family. In these interesting times, it can be helpful to stay connected!

**Facebook Page:** We have created a Facebook page that shares reminders and helpful information for upcoming IBPA meetings and events. [Like us on Facebook @LakewoodIBPA](#)

**Facebook Group:** We also have a **new private Facebook Group** if you're more comfortable asking questions or getting advice that is only seen by members in the group, your fellow IBPA parents, both new and experienced. [Join the group here](#) or search for Lakewood IBPA Parents.

**Instagram:** Our [Instagram @LakewoodIBPA](#) account shares IBPA reminders and information, similar to our Facebook page.

**LinkedIn:** Connect with the [Lakewood IBPA professional community](#) by following Lakewood High School IBPA and add Lakewood IB students, alumni, and families to your growing network. We look forward to connecting with you!

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## PLEASE JOIN THE LHS - IBPA!

Now you can easily sign up for IBPA membership online!

Simply click on the tiger paw and use our secure online-payment system.



**Your \$20 IBPA membership goes a long way each year!**

Our modest dues enable the LHS - IBPA to help Lakewood's renowned IB program in many significant ways. So if you're not already a member, please join today.

**The LHS – IBPA is a 501(c)3 organization – Tax ID Number 46-1450238.**

***Thanks for making a difference!***

**Special Note to Families of Seniors: For your senior to be eligible to apply for a scholarship from the LHS - IBPA in the spring of graduation year, a parent or guardian must be a member of the IBPA by February 1<sup>st</sup> of that year.**

**It is Always a Great Day to be an (IB) Tiger!**



## COMMUNITY REWARDS PROGRAMS

*A Benefit for LHS – IBPA Members Only!*

**Did you know that you can effortlessly earn contributions to defray your student's AP and IP test exams?**



The LHS – IBPA is pleased to offer two programs for member to earn credit towards IB and AP testing fees while also supporting the organization.

**You must be a member of the LHS – IBPA to take advantage of this opportunity!**

**Information on Kings Soopers is available [here](#).**

*and*

**RaiseRight (formerly ShopWithScrip) [here](#). Please use SWS enrollment code 91AA3BEF64982.**



***Support the LHS - IBPA effortlessly by shopping at [smile.amazon.com](https://smile.amazon.com).***

Amazon donates .5% of the price of your eligible AmazonSmile purchases to Lakewood IBPA (Lhs-Ibpa) when you select it as your charity organization.

**It costs nothing extra, and it is just like shopping normally on Amazon!**

**To get started, click [here](#).**

***Thank you to everyone who participates in these programs!***

## RESOURCES

To strengthen support for IB and IB prep families, we have added resource links to the newsletter. We hope they will come in handy. If you have a link you would like to recommend, please submit it to [lakewoodibpa@gmail.com](mailto:lakewoodibpa@gmail.com)

### Mental Health

<https://robbies-hope.com/>  
<http://www.thesecondwindfund.org/>  
[www.cwcgirls.com](http://www.cwcgirls.com)  
[Home - Colorado Crisis Services](#)

### College Planning/Career Readiness

<https://lakewood.jeffcopublicschools.org/counseling>  
<https://www.naviance.com/>  
<https://www.nacacnet.org/>

### Student Aid

<https://studentaid.gov/help-center/answers/landing>

### International Baccalaureate Organization

<http://lhstigerib.weebly.com/>  
<https://www.ibo.org/>

### Gifted and Talented

[https://www.jeffcopublicschools.org/programs/gifted\\_talented](https://www.jeffcopublicschools.org/programs/gifted_talented)  
[HOME | TerryBradleyGifted](#)

### Stress Management

[https://www.nagc.org/sites/default/files/PHP\\_dec2017\\_Mindfulness-Kane.pdf](https://www.nagc.org/sites/default/files/PHP_dec2017_Mindfulness-Kane.pdf)

### Academic Coaching

[The Paradigm Shift of International Academic Life Coaching for Students \(humanbyhuman.com\)](#)

