

DECEMBER 2022

# LHS-IBPA NEWS

Official Newsletter of the Lakewood Highschool IBPA

## Website Highlights

### TAKING A LOOK AT THE NEW SITE

At the beginning of this year, the LHS-IBPA launched a new website. Here are a few highlights!

- The [Home](#) page features photos, upcoming events, and links to highlighted information.
- The [Join/Donate](#) page allows you to sign up to be a member of the IBPA, as well as donate money to the organization or scholarship fund.
- Discover the many roles of the organization on our [Leadership/Get Involved](#) page, as well as descriptions should you want to contribute!
- The [Calendar](#) keeps you up-to-date on the happenings of the LHS-IBPA, including topics for upcoming meetings.
- Find ways to pay for testing, financial information, and more on our [Links & Info](#) page.



## Calendar

December 21 - January 4  
WINTER BREAK

### January

5 - IB DIPLOMA CEREMONY  
11 - BOARD MEETING AND  
GENERAL MEETING, "2022  
GRADS TELL ALL"  
25 - GENERAL MEETING,  
"EXTENDED ESSAYS  
GALLERY"

### February

1 - BOARD MEETING  
15 - STAFF APPRECIATION

### March

1 - IBPA SCHOLARSHIP APP  
OPEN TO SENIORS  
8 - BOARD MEETING AND  
GENERAL MEETING "IB AND  
COLLEGE, SENIOR PARENTS  
PANEL"  
20-24 - SPRING BREAK

# Events - October through December

## LHS-IBPA Board

Board Chair: Ann Koerner  
Secretary: Kim Hughes  
Treasurer: Carolyn Last  
Treasurer Oversight:  
Mettet Karpinski  
Fundraising Chair: Mike Tully

## Committee Chairs

Social and Special Events:  
Petra St. George/Michele Short  
(Chalk Festival)  
Short Term Fundraisers:  
Mike Tully  
Staff Appreciation/ Hospitality:  
Leonor Ortega-Till, Mettet Karpinski  
Library Program: Sheri Visani  
Membership: Michele Short  
Scholarship: Nancy Dempsey,  
Jen Matteson  
Exam Proctors Coordination:  
Bretton Utz  
Senior Banquet:  
Amanda McCord-Icaza,  
Liz Schneringer  
Marketing/Newsletter/ Website:  
Jessica Seybold

## Community Rewards

King Soopers: Amy Swanson  
RaiseRight: Tara Sawinski

## Class Advocates

2023: Mettet Karpinski,  
Petra St. George  
2024: Nancy Dempsey  
2025: Carol Fabbri  
2026: Liz Schneringer

Secretary: Joann Giusto  
Coordinator: Joellen Kramer

## Fall Highlights

The LHS-IBPA kicked off Fall with a number of informative and interactive events!

- For the October event, What to Expect with IB for Juniors, we had a great meeting attendees both in person and on Zoom, receiving positive feedback after the meeting who really appreciated the information and amount of detail. Check out the presentation [here](#).
- Also in October we had very successful IB Information Nights for incoming 9th graders and parents. We look forward to having them on board in the Fall of 2023!
- November's fantastic meeting, presented by Leonor Ortega Till, was entitled "Navigating a Healthy Balance with IB and Your Personal Growth." You can watch it [here](#).
- In November, the IBPA also hosted a Staff Appreciation lunch to celebrate our amazing Lakewood High Staff.
- Also, we had our annual fan favorite, Online Bingo.
- With the hustle and bustle that December brings, we did not have a general meeting, but we did enjoy a delicious iPie Pizza fundraiser!



NOVEMBER IBPA MEETING  
**WORK HARD + PLAY HARD**  
NAVIGATING A HEALTHY  
BALANCE WITH IB AND  
YOUR PERSONAL GROWTH

GUEST SPEAKER  
LEONOR ORTEGA TILL

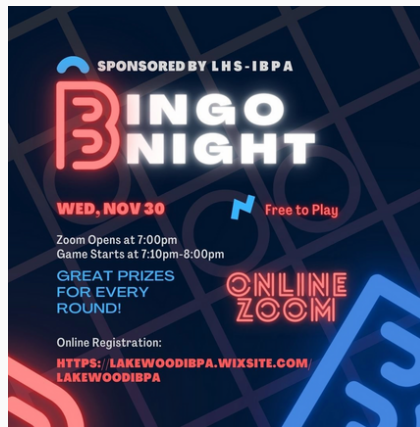
WED NOV 9TH TIME 6:30PM

JOIN US IN-PERSON AND BE ELIGIBLE TO  
WIN A DUTCH BROS GIFT CARD!

**Dutch Bros**



# Events - October through December (cont.)





Save the date!

## Mark your calendar for these upcoming events:

### “GRADS TELL ALL”

Wednesday, January 11, 2023 6:30 – 8 pm

Fast forward to the good stuff – this is the meeting where recent IB graduates return and tell it like it is. College life, that is, with the benefits of an IB diploma. Our panel will share their experiences and discuss how IB figured prominently in their educational and life journeys. Q&A will follow.

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### “EXTENDED ESSAYS”

Wednesday, January 25, 2023 6:30 – 8 pm, LHS Lecture Center

IB Coordinator Joellen Kramer will provide an Extended Essays (EE) overview that has been introduced to our IB Juniors. These IB Juniors will also have the opportunity to participate in an Extended Essay gallery walk with current seniors during the school day who will share their extended essays and answer questions. This IBPA general meeting is geared for our IB Junior parents who would appreciate an EE recap and timeline overview. The meeting will be held over Zoom and will also include a few senior students who will join us for Q&A.

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### “IB AND COLLEGE”

Wednesday, March 8, 2023 6:30 – 8 pm, LHS Lecture Center

This meeting is a favorite of juniors, but freshmen and sophomore families will benefit, too. Learn from a panel of IB senior parents who have recently gone through the college application process who will share their experiences and advice. We will also have a former college admissions advisor on our panel for an additional perspective.

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### LHS-IBPA SENIOR BANQUET

Thursday, May 18, 2023

Join us for dinner & festivities as we celebrate the IB class of 2023! This banquet is just for our IB Senior Graduates and their families. Formal invitation to follow.





# 2023 Scholarship

DEAR FRIENDS OF LAKEWOOD IB,

This letter seeks your kind support on behalf of all 2023 LHS IB Diploma candidates. Lakewood High School's International Baccalaureate program, chartered in 1996, has flourished during the past 27 years to become one of Colorado's largest and most successful IB programs.

To attain an IB Diploma, students pursue rigorous curricula in all core academic courses, as well as foreign language study in every year of high school. Each of these initiative-taking students also authors an extended research paper working independently with a faculty adviser, completes written and oral exams, and prepares Internal Assessment projects in most core classes. IB students also contribute meaningfully to service-related volunteer activities each year.

The LHS IB Class of 2023 displays impressive potential to make significant future contributions, and nearly all of these exceptional students wish to pursue undergraduate degrees. As they submit college applications this year, they will seek out scholarships and grants, discovering such funds in short supply. The already high cost of college increases each year, leaving talented IB students and their families to face mounting challenges to cover higher-education costs. While the LHS IB program opens doors to top-notch universities, far too often financial obstacles prevent IB students from accepting those opportunities.

Please help LHS IB graduates realize their college goals! In 2009, the non-profit LHS IB Parents Association established a scholarship fund for graduating IB seniors, starting with two \$1,000 awards. The idea was so well received that the scholarship fund has continued to grow over the years. In 2022, we awarded scholarships to five deserving IB seniors and we hope to award many more 2023 scholarships at the Senior Banquet in May. LHS - IBPA membership is required for families of scholarship applicants. Your contribution to the LHS - IBPA Scholarship Fund is tax-deductible. Every dollar you donate will be included in the scholarships awarded.

Donating is easy! To donate via our website, just click on this [link](#). You can also give on our GoFundMe page [here](#). For those wishing to donate by check or establish a Named Sponsor scholarship (\$1,000 or more), please use the mail in donation form, below. Thank you for considering a contribution of \$100 or any amount your circumstances will permit. Please submit your donation no later than Friday, April 28, 2023.

Gratefully,  
The LHS - IBPA Board

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**Please include this portion of the letter with your mailed donation to:**

LHS - IBPA, 9700 W. 8th Ave, Lakewood, CO 80215.

Suggested donation amounts: \$50 \_\_\_ \$100 \_\_\_ \$250 \_\_\_ \$500 \_\_\_ Other Amount \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

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**Named Sponsor scholarships are available for donations at or above \$1,000!**

Sponsor: \_\_\_\_\_

Dollar Amount of Scholarship (≥\$1,000): \_\_\_\_\_ Name of Scholarship: \_\_\_\_\_

Please make checks payable to "LHS - IBPA" and note "LHS - IBPA Scholarship" on the memo line.

# It's always a Great Day to be an (IB) Tiger!

## Join the LHS-IBPA!

Now you can easily sign up for IBPA membership online! Simply go to our new [website](#), and use our secure online-payment system. You can also pay for your membership via Infinite Campus in your students fee account.

Our modest dues enable the LHS - IBPA to help Lakewood's renowned IB program in many significant ways. So if you're not already a member, please join today. The LHS - IBPA is a 501(c)3 organization - Tax ID Number 46-1450238.

Special Note to Families of Seniors: For your senior to be eligible to apply for a scholarship from the LHS - IBPA in the spring of graduation year, a parent or guardian must be a member by February 1st of that year.

Your \$20 IBPA membership goes a long way each year!  
Thanks for making a difference!



## IBPA Benefits

A benefit for LHS-IBPA Members Only! Did you know you can effortlessly earn contributions to defray your student's AP and IP test exams?

The LHS - IBPA is pleased to offer two programs for member to earn credit towards IB and AP testing fees while also supporting the organization. 10% of the overall donations from both programs will be allocated to the LHS-IBPA general fund and you must be a member of the LHS - IBPA to take advantage of this opportunity!

- Click [here](#) for information on Kings Soopers
- Click [here](#) for information for RaiseRight. Please use RaiseRight enrollment code E55D914764982.

Also, support the LHS-IBPA effortlessly by shopping at [smile.amazon.com](#). Amazon donates .5% of the price of your eligible AmazonSmile purchases to Lakewood IBPA (Lhs-Ibpa) when you select it as your charity organization. It costs nothing extra, and it is just like shopping normally on Amazon!





# Resources

## Stay connected with LHS-IBPA on social media!

- Facebook Page: We have created a [Facebook page](#) that shares reminders and helpful information for upcoming IBPA meetings and events. Like us on Facebook @LakewoodIBPA
- Facebook Group: We also have a private [Facebook Group](#) if you're more comfortable asking questions or getting advice that is only seen by members in the group, your fellow IBPA parents, both new and experienced. Join the group here or search for Lakewood IBPA Parents.
- Instagram: [Our Instagram](#) @LakewoodIBPA account shares IBPA reminders and information, similar to our Facebook page.
- LinkedIn: Connect with the [Lakewood IBPA professional community](#) by following Lakewood High School IBPA and add Lakewood IB students, alumni, and families to your growing network. We look forward to connecting with you!

To strengthen support for IB and IB prep families, we have added resource links to the newsletter. We hope they will come in handy. If you have a link you would like to recommend, please submit it to [lakewoodibpa@gmail.com](mailto:lakewoodibpa@gmail.com).

## Mental Health

- [Robbie's Hope](#)
- [The Second Wind Fund](#)
- [Colorado Wellness Center for Girls](#)
- [Colorado Crisis Services](#)

## College Planning/Career Readiness

- [Lakewood High School Counseling](#)
- [Naviance: Student Success](#)
- [National Association for College Admission Counseling](#)

## Student Aid

- [Student Aid Assistance](#)

## International Baccalaureate Organization

- [Lakewood High School IB](#)
- [About the IB](#)

## Gifted and Talented

- [Jefferson County Gifted and Talented](#)
- [Terry Bradley, M.A. - Social and Emotional Needs of Gifted Children](#)

## Stress Management

- [Manage Stress through Mindfulness](#)