

FAMILY RESOURCES



These days, the amount of school information coming home via email/text/phone can be overwhelming. Sometimes, as parents, you might wonder about what your student is doing in IB or IB Prep...and you do not know who to ask, where to turn, or how to find an answer to your question.

A group of LHS - IBPA parents have created several ways to stay informed and expand the IBPA community on social media! We encourage you to take advantage of these **family resources** and expertise to help support your students and the IBPA family. In these interesting times, it can be helpful to stay connected!

Facebook Page: We have created a Facebook page that shares reminders and helpful information for upcoming IBPA meetings and events. [Like us on Facebook @LakewoodIBPA](#)

Facebook Group: We also have a **private Facebook Group** if you're more comfortable asking questions or getting advice that is only seen by members in the group, your fellow IBPA parents, both new and experienced. [Join the group here](#) or search for Lakewood IBPA Parents.

Instagram: Our [Instagram @LakewoodIBPA](#) account shares IBPA reminders and information, similar to our Facebook page.

LinkedIn: Connect with the [Lakewood IBPA professional community](#) by following Lakewood High School IBPA and add Lakewood IB students, alumni, and families to your growing network. We look forward to connecting with you!

To strengthen support for IB and IB prep families, please see the links, below. We hope they will come in handy. If you have a link you would like to recommend, please submit it to lakewoodibpa@gmail.com

Mental Health

<https://robbies-hope.com/>
<http://www.thesecondwindfund.org/>
www.cwcgirls.com
[Home - Colorado Crisis Services](#)

College Planning/Career Readiness

<https://lakewood.jeffcopublicschools.org/counseling>
<https://www.naviance.com/>
<https://www.nacacnet.org/>

Student Aid

<https://studentaidhelp.ed.gov/>

International Baccalaureate Organization

<http://lhstigerib.weebly.com/>
<https://www.ibo.org/>

Gifted and Talented

https://www.jeffcopublicschools.org/programs/gifted_talented

[HOME | TerryBradleyGifted](#)

Stress Management

https://www.nagc.org/sites/default/files/PHP_dec2017_Mindfulness-Kane.pdf

Academic Coaching

[The Paradigm Shift of International Academic Life Coaching for Students \(humanbyhuman.com\)](#)